Solutions Focus is an exciting and complete approach to change. From origins twenty years ago, it is now being used by major corporations, top business schools and many coaches and consultants as the methodology of choice where efficient, respectful and lasting change is wanted.

This two-day introduction workshop is a great way to build your knowledge and experience of Solutions Focused methods. You'll find lots of SF ideas to put straight into practice. The program will feature the chance to discover the simplicity and power of finding what works, with lots of opportunity to practise skills and build on your own expertise and interests.

Solutions Focus is now finding favour with many organisations all over the world including Nationwide and Chelsea Building Societies, Royal Bank of Canada, the NHS, BP, Lufthansa, the Metropolitan Police and the BBC. These organisations are finding that a focus on what’s wanted and what’s working leads to effective results in a fast and motivating way.

This is a rare opportunity to learn with SF pioneer and thought leader Dr Mark McKergow in Australia. Mark will teach his unique model of ‘six Solutions Tools’ from the international best-selling book The Solutions Focus: Making Coaching & Change SIMPLE. The Solutions Focus approach is growing internationally, with a generous community of practitioners worldwide, a professional body and an academic journal InterAction. All are welcome on this program, from experienced coaches to enthusiastic learners to positive psychologists – there will be plenty of opportunity to experience the powerful pragmatism of the SF approach.

"Thank you! Best professional learning experience in recent years.”
Nic Vidot, Principal, St Andrews College, Blacktown NSW
Solution Focused Coaching

A two-day program for coaches, managers and consultants

Program objectives

*During the program you will...*

- Discover and experience the Solutions Focus approach - the SIMPLE way to positive change
- Practice using the six Solutions Tools to stay flexible, solution-focused and effective during coaching and other contexts
- Build your coaching competence with many activities and practice sessions
- Realise the subtle differences in practice between these and other approaches
- Apply the learning to your own issues straight away in the classroom
- Discover the international community of SF coaches and practitioners
- Be able to assess your organisation's current practices and start to see possibilities for progress

Program outline Days 1+2

The program will include sessions such as:

- Solutions Focused welcome – using the tools to set up the day
- The Albert Model – problem focus vs solutions focus
- Turning the corner – moving from problem to solution
- An Inspector Calls – case study of SF coaching in action
- Problem to Platform – engaging and contracting
- Future Perfect – engaging creativity to define direction
- Scaling – an unreasonably effective tool for building progress
- Know-how – deploying the know-how of the performer, coach and others
- Affirming what’s working – bringing strengths to the fore
- Devising small actions – to quickly build progress
- Counters – build on what’s better
- Coaching practice sessions – practice using tools separately and together

“Excellent - presenter, material, program and venue!”

Mandy Eagle, Sydney Water

FOUR EASY WAYS TO REGISTER...

- ONLINE

- BY PHONE
  Sydney (02) 9411 2755
  Perth (07)

- BY EMAIL
  info@growthcoaching.com.au

- BY FAX
  Sydney (02) 9411 2766
  Perth (07)

Download registration form at

PROGRAM DATE:

Perth: May 29 & 30
Sydney: June 4 & 5

INVESTMENT:

$875

These fees are GST exclusive and include workshop materials, lunch and refreshments.