



# Claudia Owad

Director

BA(Hons) MAppSc (Coaching Psych)

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Claudia has twenty five years of experience working with individuals, teams and organisations in developmental, strategic, educational and training capacities. As a Coaching & Positive Psychology Coach and Facilitator, she designs, delivers and develops strategies and frameworks for organisations and teams. Her work and expertise in Performance Coaching led her to sit on the board of The International Coach Federation Australasia (ICFA). She has a work history spanning Education (Early Childhood – Universities ), Corporate settings, Finance, Health, Government, Not for Profit, Sport & The Arts.

Claudia has extensive experience in developmental assessments and is accredited in Hogan Assessment Systems, GENOS Emotional Intelligence Assessment and is a Master Trainer in MTQ48 (Mental Toughness). She is passionate about developing potential through strengths and positive mindsets, particularly in Educational domains. As a former School Counsellor, Claudia has an in depth knowledge of the challenges and opportunities within education and has worked with leaders, teachers, students and parents, focusing specifically on how to create flourishing learning environments through an integrated approach using both Coaching and Positive Psychology.

## Educational Qualifications Include

- ❖ Solution Focused Business Professional Certificate University of Wisconsin, Milwaukee
- ❖ Master of Applied Science (Coaching Psychology) – The University of Sydney
- ❖ Mental Toughness Assessment (MTQ48)- Master Trainer
- ❖ Emotional Intelligence Assessment Certification– GENOS
- ❖ Hogan Assessment Certification – Peter Berry Consultancy
- ❖ Certificate IV in Training and Assessment – HBA Consulting Group
- ❖ Post Graduate Certificate in Human Resource Management - The Australian College of Applied Psychology
- ❖ Honours Degree in Sociology <sup>1997</sup> ~~1998~~ The University of NSW
- ❖ Bachelor of Arts in Sociology & Psychology – The University of NSW
- ❖ Diploma of Professional Writing – The Australasian College of Journalism

## Special Interest Areas

- ❖ Positive Education

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