



GROWTH
COACHING
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Sustaining Growth as a Coach



Curious Convos



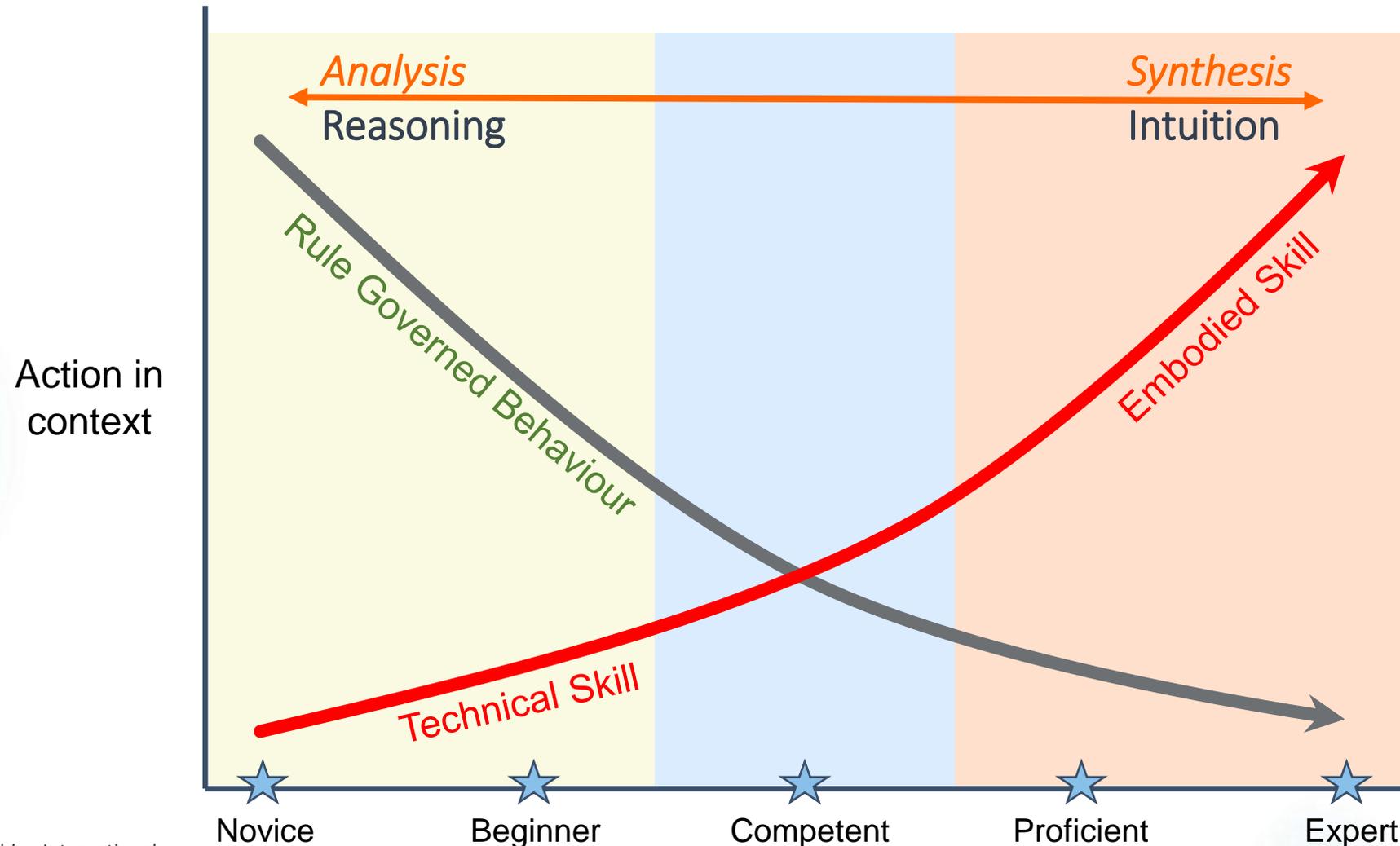
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The Dreyfus Model of Skill Acquisition

Illustration courtesy of
Greg Morgan, PhD



Embodied Skill: Knowing in Action

“...practice and action, are integral to knowing: knowledge is acquired by reflecting on previous experience until the *knowing resides in the action.*”

Morgan (2011, p.136)
referencing Schon (1995, p.30)

Advanced Coaching Practice: A Journey

“Every conversation should feel like a conversation between two human beings who are on their separate journeys but are walking together for a while.”

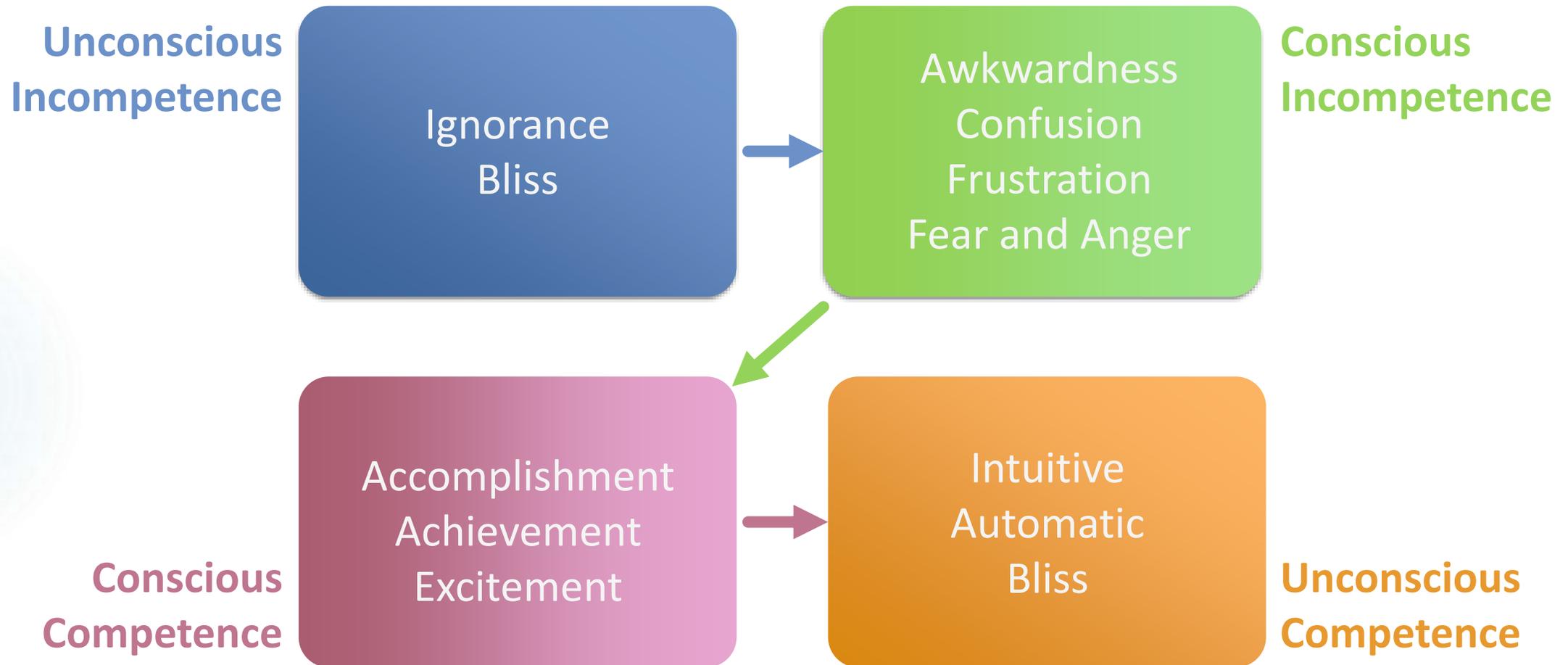
van Nieuwerburgh & Love (2019, p.126)

Advanced Coaching Practice: A Journey

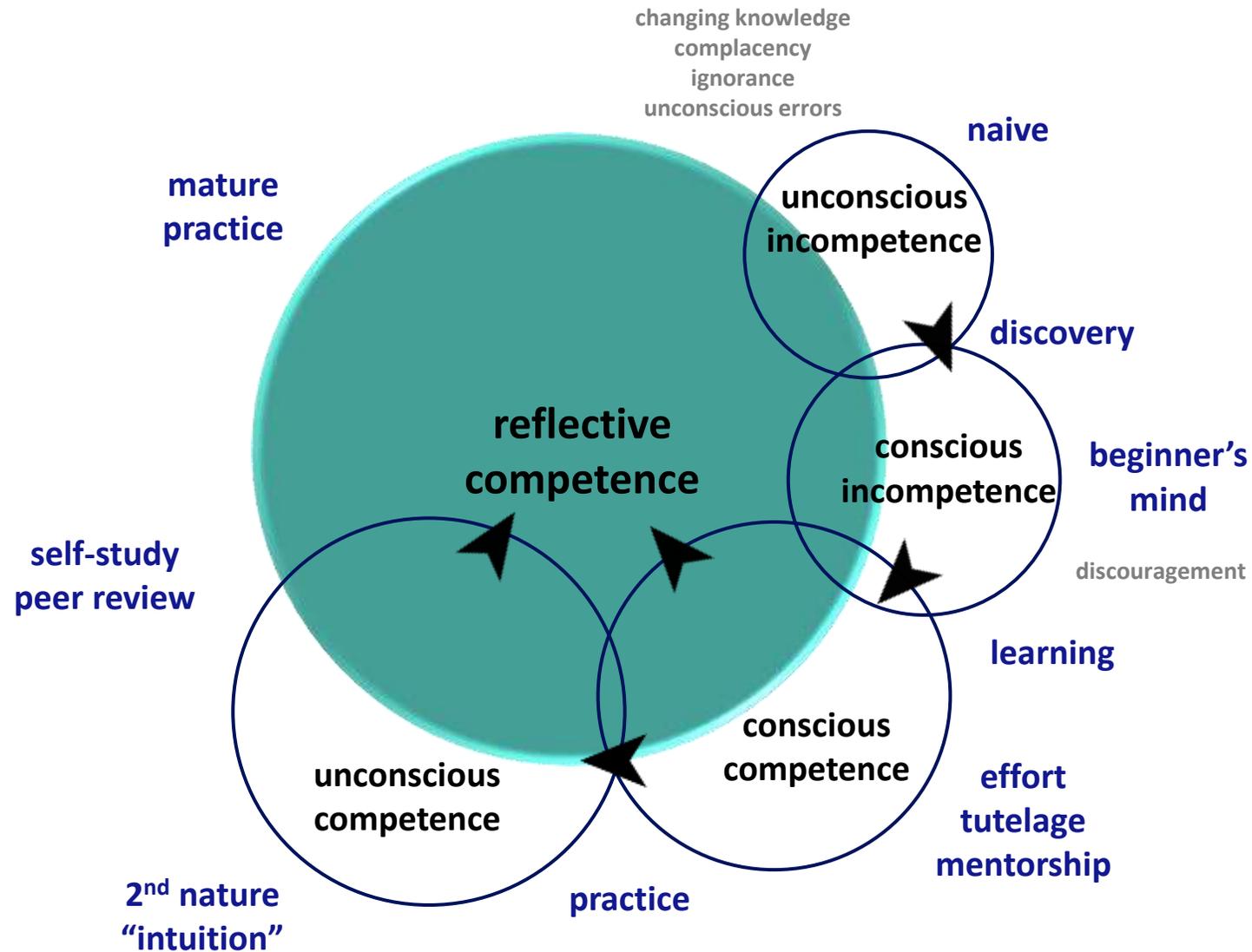
“[Advanced practitioners] bring empathy, compassion, confidence and open-mindedness to every conversation...
...confidence in the process and open-mindedness emerge from having walked alongside many different people on a broad range of individual journeys.”

van Nieuwerburgh & Love (2019, p.126)

The 'Conscious Competence' Learning Model



The Development of Reflective Competence



Courtesy of Will Taylor, Chair,
Department of Homeopathic Medicine,
National College of Natural Medicine,
Portland, Oregon, USA, March 2007

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